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FLOATING WELLNESS RETREAT



Yoga and meditation

Immerse yourself in three days of wellness aboard a luxurious boat surrounding by the natural beauty of the Hawkesbury. Yoga classes include gentle, relaxing Yin Yoga for stretching and ease, and Vinyasa Flow yoga for a more strength-based exercise. Meditation includes mindful body awareness and visualisation. Yoga classes are held on the boat's top deck during winter and at the serene parklands surrounding the river during warmer months.

[Learn More](#)

One-of-a-kind custom houseboat

Spend your weekend aboard a custom houseboat powered by solar energy and fitted with the most beautiful wood finishings and luxurious touches. Four bedrooms comprising of large queen sized beds, the houseboat fits minimum four and maximum six people. After a weekend on the boat cruising through the Hawkesbury you'll leave feeling like a new man or woman!

[Learn More](#)

Organic foods and wines

Indulge in only the tastiest and healthiest of foods over the three day wellness retreat, including nutritious and natural morning smoothies, fresh produce and delicious meals prepared to each person's liking. In the evening enjoy locally-sourced organic wines to accompany your dinner.

[Learn More](#)

Swim, kayak and fish

The Hawkesbury River offers countless outdoor activities including kayaking, fishing, swimming, and jet boating. If you feel like a morning kayak just hop in and meander down the beautiful river. The itinerary can be as structured or flexible as you'd like with no limitations.

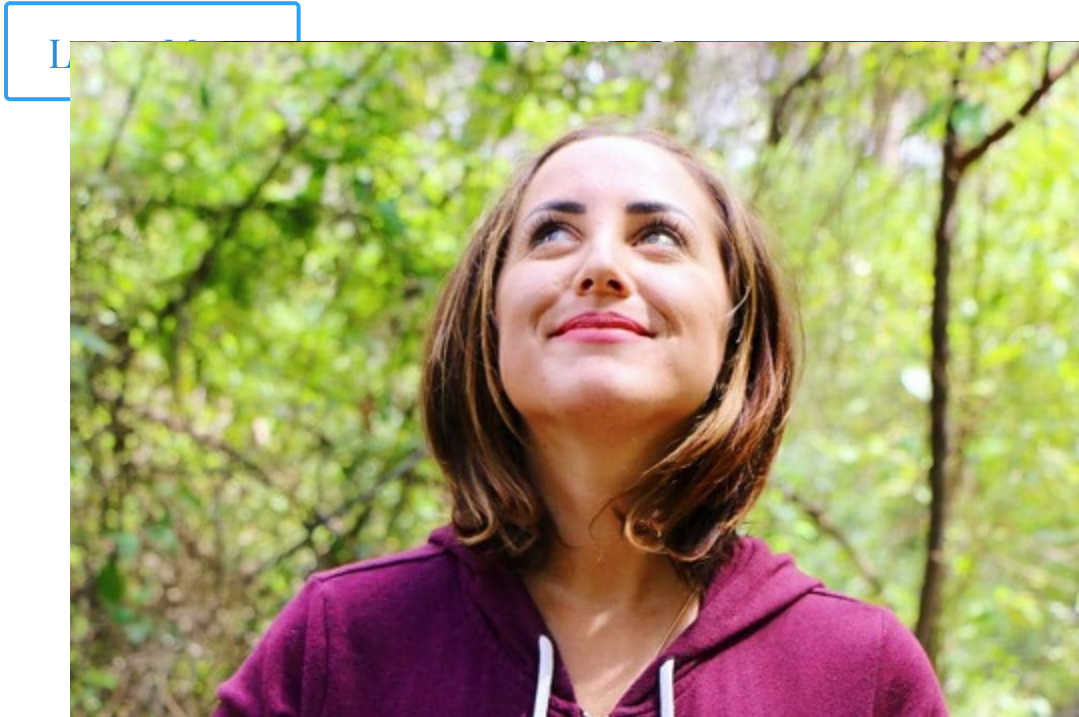
[Learn More](#)



Personal development workshops

Experience Chelsea Joy's personal development workshops including life and business-manifesting as well as learning to remove limiting core beliefs. [Click here to discover the variety of workshops on offer:](#)

<https://www.chelseajoyyoga.com/chelsea-joy-yoga-workshops>



Pricing

Dates available for upcoming retreats from Winter 2019 at \$10,000 for maximum six guests over a three day all-inclusive luxury Floating Wellness Retreat. This includes a two-night stay in a private cabin with a Queen sized bed aboard a luxury catamaran houseboat, unlimited yoga classes and meditation sessions, wellbeing workshops, healthy home-cooked meals, organic wine, kayaking, and fishing.

Call for more information!

[Learn More](#)



Exclusive



FLOATING WELLNESS RETREAT

on the Hawkesbury

Why spend on flights and deal with airport dramas getting to a cookie-cutter Bali retreat when you can unplug and recharge in style aboard a luxurious solar-powered houseboat right in your own backyard?

Be pampered over a long weekend indulging in organic food and wine, stretching in yoga poses aboard Watershed as it meanders down the Hawkesbury, taking in the beautiful surrounds of Ku-ring-gai Chase National Park. It's an exclusive long-weekend away to remember.



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The Floating Wellness Retreat

is self-care enjoyed amongst you and your closest girlfriends in style: a detox for body, mind and spirit

RETREAT OFFERINGS

• Indulge in luxury

Spend two nights aboard a one-of-a-kind solar luxury houseboat custom made to cater for discerning tastes. Includes a fully-qualified skipper.

• Organic Food and Wines

Wake up to delicious and nutritious smoothies and enjoy fresh produce and tasty meals on the grill and skillet customised to each person's preference. Top off the evening with locally sourced organic wines.

• Yoga and Meditation

Enjoy yoga and meditation throughout the day. Yoga includes strengthening and gentle stretch. Classes held on the top deck and at the scenic natural parklands surrounding the Hawkesbury in warmer months.

Spectacular nature walks

Immerse yourself in the beautiful Ku-ring-gai Chase National Park where Watershed can pick you back up at Berowra or Brooklyn, then relax with a foot soak and dip in the river!

• Personal Development

An optional addition to the retreat, personal development workshops include core beliefs, dream manifesting affirmations and more!

Limited bookings for 2019. \$10,000 for maximum six guests.
Visit the website for retreat package details!



Chelsea Joy

Californian wellness advocate passionate about creating unforgettable experiences for those seeking self-care



Pittwater, NSW, Australia

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Larrikin Floating Wellness Retreats Video Slideshow

Important Links

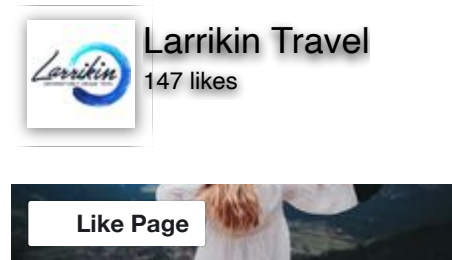
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